



Dialogue Four Corners: Mental Health

Hyatt Regency Hotel, Albuquerque

sponsored by the

National Institute of Mental Health (NIMH)

with support from

The University of New Mexico, Department of Psychiatry

Thurs., April 24

CONFERENCE

7:00 – 8:00 am

Registration

8:00 – 8:45

Welcoming Remarks

Thomas R. Insel, MD - Director, NIMH

Sidney Bad Moccasin, Student, Institute of American Indian Art

Frederick Sandoval, MPA, Deputy Secretary of Programs, NM Dept of Health

Mayor Martin Chavez, City of Albuquerque

Samuel Keith, MD, Chair, Department of Psychiatry, University of New Mexico

Video Welcome from Surgeon General Richard Carmona, MD

8:45 – 9:15

Introduction to Conference

Thomas R. Insel, MD - Director, NIMH

A Series of Presentations by National and Regional Experts

9:15 – 10:00

Session I – *Cultural Relevance: Research to Care*

- *What do we know from research so far?*

- *What do we need to know?*

Spero Manson, PhD, University of Colorado

Sergio Aguilar-Gaxiola, MD, PhD, California State University, Fresno

10:00 – 10:25

Session II – *Co-occurring Disorders*

- *Diabetes and depression*

- *How can we change behavior?*

Patrick Lustman, MSW, PhD, Washington University, Saint Louis

10:25 – 10:45

Break

10:45 – 11:30

Session III – *Mental Illnesses and Substance Abuse*

- *Barriers in Frontier and Rural Areas to Seeking and Receiving Treatment*

- *Prevention*

Laura Roberts, MD, University of New Mexico

David Olds, PhD, University of Colorado

WITH THE NATIONAL INSTITUTE ON DRUG ABUSE, THE NATIONAL INSTITUTE ON ALCOHOL ABUSE AND ALCOHOLISM, THE NATIONAL LIBRARY OF MEDICINE, THE NATIONAL INSTITUTE OF DIABETES AND DIGESTIVE AND KIDNEY DISEASES, THE NATIONAL INSTITUTE OF GENERAL MEDICAL SCIENCES, THE NATIONAL INSTITUTE ON AGING, THE INDIAN HEALTH SERVICE, THE SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION AND THE SOCIAL SECURITY ADMINISTRATION.

- 11:30 – 12:20 pm Session IV – *Suicide***
 - *What do we know about prevention?*
 - *How can research affect suicide?*
 Philip May, PhD, University of New Mexico
 Jane Pearson, PhD, NIMH
 Marlene Echohawk, PhD, Indian Health Service (comment)
- 12:20 – 1:15 Session V – *Research: Practical Benefits to Real People (Panel Discussion)***
 Richard K. Nakamura, PhD, Deputy Director, NIMH
 Jon Perez, PhD, Director, Division of Behavioral Health,
 Indian Health Service
 Carlos Zarate, MD, NIMH, Intramural Research Program
 Tassy Parker, PhD, University of New Mexico
 Kevin Shendo, Director of Education, Pueblo of Jemez
- 1:15 – 2:15 Lunch -- Keynote Speaker, Senator Pete Domenici (invited)**
- 2:15 – 2:30 Break**
- Breakout Groups – In-depth Discussions**
- 2:30 – 4:00 Breakout I – Issues in Mental Health for Aging Populations**
Breakout II – Role of Traditional Healing in Mental Health and
(Choose 1) Substance Abuse
Breakout III – Child and Adolescent Care
Breakout IV – Fostering Careers in Mental Health Research
(For Students & Faculty)
- 4:00 – 5:00 Breakout Group Summaries and Recommendations – Dr. Insel**
- 5:00 – 5:15 Wrap Up – Dr. Insel**

EDUCATIONAL OBJECTIVES:

1. Discuss mental health concerns of American Indian and Hispanic populations in the “Four Corners” area of Arizona, Colorado, New Mexico, and Utah through networking and dialogue with local and national researchers, providers, policy makers, consumers, family members and others;
2. Articulate the latest scientific information about mental illnesses and their co-occurrence with substance abuse and other medical conditions;
3. Understand the importance of culturally relevant research and the right of all individuals to participate and benefit from it;
4. Identify ways in which to encourage and enable youth to pursue research careers to help historically underserved communities;
5. Understand the role of NIH and other federal agencies in supporting activities related to mental health and substance abuse research.

DURING THE CONFERENCE THE NATIONAL INSTITUTES OF HEALTH AND OTHERS WILL SPONSOR A HEALTH INFORMATION FAIR. THE NATIONAL LIBRARY OF MEDICINE WILL OFFER A CONTINUOUS SESSION ON USING THE COMPUTER TO LOCATE HEALTH INFORMATION.